

# Drama and Theater Arts Lesson Plans for 3<sup>rd</sup>-5<sup>th</sup> grades

Fall Semester, 2020

Instructor: Shawwna Frazer

[LittlePlayersPrograms@gmail.com](mailto:LittlePlayersPrograms@gmail.com), 530-798-9166

## **Lesson Two:**

### **A) Fundamental Knowledge Review**

- Drama is another word for performance art. Drama is any kind of art that is performed or presented for at least one other person.
- Drama is used to entertain, share information, and as an outlet to express yourself artistically.
- All cultures worldwide have dramatic arts/ Theater arts. This makes drama very special as it is something all humans have in common and can share.

### **B) Activity: Non Verbal Communication**

Much of how we communicate comes from our facial expressions and our body language.

Let's improve on these skills with the activities below. Have Fun!

The Goal: To practice communicating ideas and emotions without speaking

#### Activity One:

Ask someone to be your "listener" for this activity.

Write down 5 emotions. Without speaking, and one at a time, enter the room as though you are feeling this emotion very strongly. Try to imagine a situation that would cause you to feel this emotion so that your non verbal communication will feel more realistic. Your walk, body movements, hand movements, body posture and facial expressions are your tools for success. NO speaking or making sounds whatsoever.

Your "listener" then can then guess your emotion. Once they get it correct leave the room, and then re enter with the next emotion on your list.

#### Bonus idea 1:

If your listener is willing to play too, ask them to then make a list of five emotions different from the ones that you chose. Then switch spots and they become the non verbal communicator. See how successful you are at guessing the emotion correctly.

#### Bonus idea 2:

Write down a simple request statement on a piece of paper. Enter a room and see if your listener can understand your communication. No speaking or sign language please.

For success keep your statements simple. See examples on page two.

Example ideas:

May I have a glass of water please?

Please hand me the remote control?

Will you please tie my shoe for me?

Will you please open the window?